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Tuesday 30th April 2019

Dear Parents and Carers

Fasting during Ramadan

We are fast approaching the start of Ramadan which is anticipated to be Monday 6th May. I know that many of our children will already be asking their parents if they can join the fast for Ramadan!

It is my understanding that it is not a requirement for children of primary school aged pupils to fast during Ramadan. We are also very aware that, especially in the summer months, if a child is fasting they are likely to get very tired at school and not be able to perform to the best of their ability.

For this reason we ask you to consider alternatives such as fasting just at weekends or fasting after lunch until the family break the fast at night.

Thank you for your understanding. We want to support our families as much as possible during Ramadan whilst also ensuring pupils are able to do their best at school.

If you have any questions please do not hesitate to come and see me or a member of the senior team.

Yours sincerely

Nick Lambert

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