



A WORLD OF LEARNING TOGETHER

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Thursday 1<sup>st</sup> April 2021

Dear Parents and Carers,

### Fasting during Ramadan

We are fast approaching the start of Ramadan, which is anticipated to begin on Monday 12<sup>th</sup> April. I know that many of our children will already be asking their parents if they can join the fast for Ramadan!

It is my understanding that it is not a requirement for children of primary school age to fast during Ramadan. We are also very aware that if a child is fasting they are likely to get very tired at school and not be able to perform to the best of their ability.

For this reason, we ask you to consider alternatives such as fasting just at weekends or fasting after lunch until the family break the fast at night.

Thank you for your understanding. We want to support our families as much as possible during Ramadan whilst also ensuring pupils are able to do their best at school.

If you have any questions please do not hesitate to come and see myself or a member of the senior team.

Yours faithfully,

Mr Lambert  
Headteacher

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